

CURRENT NENDA ACTIVITIES

- Weekly Social gatherings
- Monthly guest speakers
- Monthly video screenings
- Lending Library
- Help with seeking a diagnosis
- Presentations on neurodiversity to other organisations in the voluntary and statutory sectors

You do not need to be diagnosed with any condition to become a member of NENDA.

View our web-site for further details of NENDA activities.

Contact us to be sent a membership form or to be added to our mailing-list.

NENDA



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NENDA

*AUTISM
DYSLEXIA
DYSPRAXIA
ADHD
ASPERGER'S
SYNDROME
TOURETTE'S
SYNDROME*



NEURODIVERSITY!

**NORTH EAST
NEURO-DIVERSE
ADULTS**

Tel: 0191 259 6384

North East Neuro-Diverse Adults

North East Neuro-Diverse Adults (NENDA) is an organisation for people with neurodiverse conditions run entirely by people with neurodiverse conditions. We offer information, informal advice and support for those with a neurological difference who live in the North East of England. We run a self-help group which meets weekly, usually in Newcastle upon Tyne. We welcome people who have any of the following:-

- Asperger's Syndrome or any other Autistic Spectrum Disorder
- ADD or ADHD
- Dyslexia
- Dyspraxia
- Dyscalculia
- Tourette's Syndrome

or any related condition.

What is Neuro-Diversity?

The term "Neurodiversity" was coined within the Disability Rights movement and has been used in a variety of ways. In its widest sense it refers to any state of being which involves a difference or deficit in neurological functioning. This includes the "degenerative" conditions (such as Alzheimer's, Parkinson's, Multiple Sclerosis, etc) and the "sudden-onset" or "acquired" conditions (such as stroke and head/spinal injuries).

Nowadays it is usually used to refer to the so-called "developmental" conditions and this is the sense in which NENDA uses the term.

Neuro-diverse people (NDs) are those who have conditions such as those listed opposite. We refer to non-NDs as NTs (neuro-typicals).

ND conditions have certain features in common. They all have a genetic element and a metabolic dimension but the crucial factor is that they all involve a difference in neurological functioning.

This difference in brain functioning leads to differences in perception, cognition and behaviour. Although many of the "symptoms" which ND people find difficult to cope with can be alleviated, these conditions are, as far as we know, "incurable" and are therefore life-long.

Our differences give us a different way of thinking and a different perspective of the world. We believe that ND people have a valuable contribution to make to society and that society at large must learn to accept us as we are.

NENDA MISSION STATEMENT

NENDA aims to aid and support young people and adults (and their families and carers) who have dyspraxia, Developmental Co-ordination Disorder, Dyscalculia, Dysgraphia, Attention Deficit Disorder, Attention Deficit Hyperactivity Disorder, Hyperkinesis, Asperger's Syndrome, Autistic Spectrum Disorders, Dyslexia, Tourette's Syndrome, Pervasive Developmental Disorder and any related conditions by providing advice, information and practical support.

NENDA aims to raise awareness of such conditions and to educate the public, relevant professionals and organisations in the private, voluntary and statutory sectors which deal with the above conditions so that they may develop a better understanding of such conditions and so improve their service provision and their ability to involve and engage with neurodiverse adults.